

Sports Studies - Cambridge National

Who is it for?

Anyone who has an interest in PE and sport. The course is designed in a way that it assesses students using a variety of methods, making it more suitable for some students. There are both theoretical and practical elements to the course (detailed below) the majority of these being coursework-based elements.

What will I learn?

Students have the opportunity to apply theoretical knowledge about different types of sport and physical activity, skills development and sports leadership to their own practical performance. They will learn about contemporary issues in sport such as funding, participation, ethics, the role of promoting sporting values, the use of technology in sport and the role of National Governing Bodies. Students will develop their understanding of provision for different types of outdoor and adventurous activities in the UK. Whilst having the opportunity to plan and participate in an outdoor and adventurous activity.

How and when will I be assessed?

Year 10

Unit 1 – Sport and The Media (theory)

Unit 2 – Performance and leadership in sports activities (practical/theory)

Year 11

Unit 3 – Contemporary issues in sport (Exam)

Students may study either GCSE PE or Cambridge National Sports Studies but not both. School staff will use our knowledge of students to determine which is the more appropriate course for each individual.

ASSESSMENT As detailed above